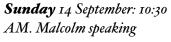
The Watford Word

www.watfordchurchofchrist.org

What's on

Saturday 13 September: SCIENCE & FAITH: ENEMIES OR ALLIES? (https://www.malcolmcox.org/

(https://www.malcolmcox.org/ saturday-13-september-sciencefaith-enemies-or-allies/)



Sunday 21 September: 10:30 AM. Stefan speaking. **Sunday** 28 September: 10:30 AM. Malcolm speaking.

3-5 October: Young Professionals' retreat **Friday/Saturday 3-4 October**: Christian
Wellbeing Conference

Sunday 05 October: 10:30 AM. Harvest Sunday. Malcolm speaking.

Sunday 12 October: 10:30 AM. Bruce speaking. **Sunday** 19 October: 10:30 AM. Announcing our annual gift for HOPE worldwide. Malcolm speaking.

Sunday 26 October: 10:30 AM. John Slater speaking (from the North London ICOC).

Sunday 16 November: 10:30 AM. Safeguarding Sunday.

Sunday 21 December: 10:30 AM. Carol service

Podcast Milestone

The Watford church podcast has passed a significant milestone - **650 podcast episodes** (totalling 17,000 downloads).

Top three episodes:

- **"Why did God give us letters?"** 236 downloads
- "How to feed 5,000 people" 141 downloads
- "Jesus and the parable of the minas" 135 downloads

Science and Faith

This event could be invaluable for our young people, especially, although faith-building for people of all ages. David is a high school science teacher by trade, and his material will be accessible to children.

Most of us will know Doug Jacoby, but David Hutchings' work can be found here, if you're interested to find out more: https://www.amazon.co.uk/David-Hutchings/e/Boo7JZKSoG/ref-dp_byline_cont_pop_book_1



Christian Wellbeing Conference



Last year, it was our privilege to host the inaugural Christian Wellbeing Conference. This year it's back - bigger and better than ever!

More information can be found here: https://christian-wellbeing-conference.my.canva.site

A list of speakers and panellists (including Penny) can be found here: https://
icomissions churchsuite com/essents/

<u>iccmissions.churchsuite.com/events/</u> nmqssyjm

Watford Contribution Details

Church bank account: Three Counties churches of Christ HSBC

Sort Code: 401915

Account Number: 04759613

Meditation Moment

I recently heard my friend Kyle Spears share a line on his podcast that struck me (paraphrased here):

"Trauma is a lack of Sabbath on the inside."

Sit with that for a moment. What comes up for you? What might "Sabbath" mean in this context—not just as a day of rest, but as an inner posture? And how could practising Sabbath, inwardly and outwardly, begin to reshape the way we carry our traumas?



You can explore more of Kyle's work here: <u>truthtraumatheology.com</u>.

Watford Media

