

# The Watford Word

[www.watfordchurchofchrist.org](http://www.watfordchurchofchrist.org)

## What's on

**Saturday 13 September:**

**SCIENCE & FAITH:**

**ENEMIES OR ALLIES?**

(<https://www.malcolmcox.org/saturday-13-september-science-faith-enemies-or-allies/>)



**Sunday 14 September:** 10:30

AM. Malcolm speaking

**Sunday 21 September:** 10:30 AM. Stefan speaking.

**Sunday 28 September:** 10:30 AM. Malcolm speaking.

**3-5 October:** Young Professionals' retreat

**Friday/Saturday 3-4 October:** Christian Wellbeing Conference

**Sunday 05 October:** 10:30 AM. Harvest Sunday. Malcolm speaking.

**Sunday 12 October:** 10:30 AM. Bruce speaking.

**Sunday 19 October:** 10:30 AM. Announcing our annual gift for HOPE worldwide. Malcolm speaking.

**Sunday 26 October:** 10:30 AM. John Slater speaking (from the North London ICOC).

**Sunday 16 November:** 10:30 AM. Safeguarding Sunday.

**Sunday 21 December:** 10:30 AM. Carol service

## Podcast Milestone

The Watford church podcast has passed a significant milestone - **650 podcast episodes** (totalling 17,000 downloads).

### Top three episodes:

- "Why did God give us letters?" - 236 downloads
- "How to feed 5,000 people" - 141 downloads
- "Jesus and the parable of the minas" - 135 downloads

## Science and Faith

This event could be invaluable for our young people, especially, although faith-building for people of all ages. David is a high school science teacher by trade, and his material will be accessible to children.

Most of us will know Doug Jacoby, but David Hutchings' work can be found here, if you're interested to find out more: [https://www.amazon.co.uk/David-Hutchings/e/B007JZKSoG/ref=dp\\_byline\\_cont\\_pop\\_book\\_1](https://www.amazon.co.uk/David-Hutchings/e/B007JZKSoG/ref=dp_byline_cont_pop_book_1)

## SCIENCE AND FAITH

### Enemies or Allies?

**Saturday 13th September**  
10am – 1pm

ALEXANDRA PARK SCHOOL  
RHODES AVENUE  
LONDON N22 7UT

**David Hutchings**  
Fellow, Institute of Physics  
and Research Fellow,  
University of Durham

**Douglas Jacoby**  
MTS, DMin, Athens  
Institute and International  
Bible Teaching Ministry

Scan to join online

Zoom ID: 970 4495 5808  
Passcode: 795498

**FREE Event**  
Sponsored by  
**NORTH LONDON**  
INTERNATIONAL CHURCH OF CHRIST  
Charity Number 1092123

## Christian Wellbeing Conference



Last year, it was our privilege to host the inaugural Christian Wellbeing Conference. This year it's back - bigger and better than ever! More information can be found here: <https://christian-wellbeing-conference.my.canva.site>

A list of speakers and panellists (including Penny) can be found here: <https://iccmissions.churchsuite.com/events/nmqssyjm>

## Watford Contribution Details

**Church bank account:** Three Counties churches of Christ HSBC

**Sort Code:** 401915

**Account Number:** 04759613

Charity number : 1207942

## Meditation Moment

I recently heard my friend Kyle Spears share a line on his podcast that struck me (paraphrased here):

*"Trauma is a lack of Sabbath on the inside."*

Sit with that for a moment. What comes up for you? What might "Sabbath" mean in this context—not just as a day of rest, but as an inner posture? And how could practising Sabbath, inwardly and outwardly, begin to reshape the way we carry our traumas?



You can explore more of Kyle's work here: [truthtraumatheology.com](http://truthtraumatheology.com).

## Watford Media



The Three Counties Churches of Christ