

# QTC567. Behold the Man - A Good Friday Reflection from the Sixth Day. 17 April 2025

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"Behold the Man: A Good Friday Reflection from the Sixth Day" | Malcolm Cox | Quiet Time Coaching Episode 567

## Introduction

Welcome to today's episode, where we're exploring a link between the sixth day of creation and Good Friday.

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### Scriptures:

- *"So God created mankind in his own image, in the image of God he created them; male and female he created them... God saw all that he had made, and it was very good."* — Genesis 1.27, 31
  - *"So Jesus came out, wearing the crown of thorns and the purple robe. Pilate said to them, 'Behold the man!'"* — John 19.5 (ESV)
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## Devotional Thought

### The Sixth Day.

On the sixth day of creation, God formed humanity in His image. Male and female, image-bearers of divine dignity, created to reflect His character, His love, and His glory. And when God saw this creation, He didn't just say it was good—He said it was *very* good.

But as the story unfolds, the image is distorted by sin. Humanity no longer clearly reflects God's character. Violence, pride, selfishness, and fear begin to dominate. The dark shadow of human rebellion against God eclipses the brilliance of the sixth day. Will the sixth day ever regain its beauty and promise?

### Another Sixth Day.

Fast-forward to another sixth day—Good Friday. The day humanity, in our sin, crucified the only truly righteous man. Jesus is presented before the crowd. Beaten. Bloodied. Mocked. And Pilate utters those striking words:

**"Behold the man!"** ([John 19.5](#))

This is no accident of language. On the day humans were first created in God's image, we are now shown a man who *is* the perfect image of God. Not merely a reflection—but God Himself, taking on flesh, entering into our broken world, bearing our sin, and showing us what it means to be truly human.

In Jesus, **God becomes man**, to restore humanity.

In Jesus, the *image* is fully realised, fully redeemed.

On the cross, the one who bore the image of God perfectly dies to restore that image in us.

### And God saw...

When God looked on creation in Genesis, He saw that it was very good.

On Good Friday, He looked on His Son—and saw the cost of making us good again.

And he wept. And he rejoiced.

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## Reflection Questions:

1. In what ways have I allowed the image of God in me to be distorted?
2. How does Jesus, especially on the cross, show me what true humanity looks like?
3. What does it mean for me to “behold the man”—to fix my eyes on Jesus—as I seek to live in His image today?

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## Prayer:

Father, thank you for creating us in your image. Thank you for not abandoning us when we distorted that image through sin. On this Good Friday, we behold your Son—the true man, the perfect image of God. Help us to look at Him and see not only our salvation but our calling. May the cross transform us into His likeness, that we may reflect your glory to the world. Amen.

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Share your thoughts, insights, or questions with me and the other listeners. And if you haven't yet, grab a free copy of my eBook on spiritual disciplines, *“How God Grows His People,”* at [www.malcolmcox.org](http://www.malcolmcox.org) by signing up for my newsletter.

Take care, and God bless, Malcolm

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