

tvcoc

“For God Alone”

Class 3

How to enrich 'quiet times'

**How boredom and bewilderment
make better quiet times**

"Injil Yohanes cukup dalam sehingga seekor gajah bisa berenang di dalamnya,
tetapi cukup dangkal sehingga seorang anak takkan tenggelam."
- St. Agustinus -

AN ELEPHANT'S SWIMMING POOL

SEBUAH RENUNGAN UNTUK INJIL YOHANES

Malcolm Cox

John's gospel is deep enough for an elephant to swim
and shallow enough for a child not to drown.

- Augustine

An Elephant's Swimming Pool

A Devotional Look
at the Gospel of John

MALCOLM COX



“

“Boredom and bewilderment
make better quiet times”

”

Decide: de caedere



feedback



Bible Time

**When was someone stimulated
to pray by something that
happened?**

Person	Situation	Reference
Jonah	Fish belly	Jonah 1.17-2.2
Hezekiah	Illness	2 Chronicles 32.24
Nehemiah	Discouraging news Opportunity	Nehemiah 1.3-4 Nehemiah 2.3-5
Jesus	Looming death	Luke 22.44
Saul/Paul	Spiritual confusion	Acts 9.11

“He said to them, “When you pray, say:

“ ‘Father,

hallowed be your name,

your kingdom come.

Give us each day our daily bread.

Forgive us our sins,

for we also forgive everyone who sins against

us.

And lead us not into temptation. ’ ””

(Luke 11:2–4 NIV11)

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“The Lord’s prayer does not bind us to its particular form of words but rather to its content and basic pattern...[it] is a summary of all other prayers, providing essential guidance on emphasis and topics, on purpose and even spirit. Therefore in our prayers, “the words may be utterly different, yet the sense ought to not to vary.””

Keller, “Prayer”, p118

Boredom and Bewilderment

- **Boredom is solved by life - if we are paying attention**
- **Bewilderment is solved by the Lord's prayer - if we are willing to submit to its discipline**

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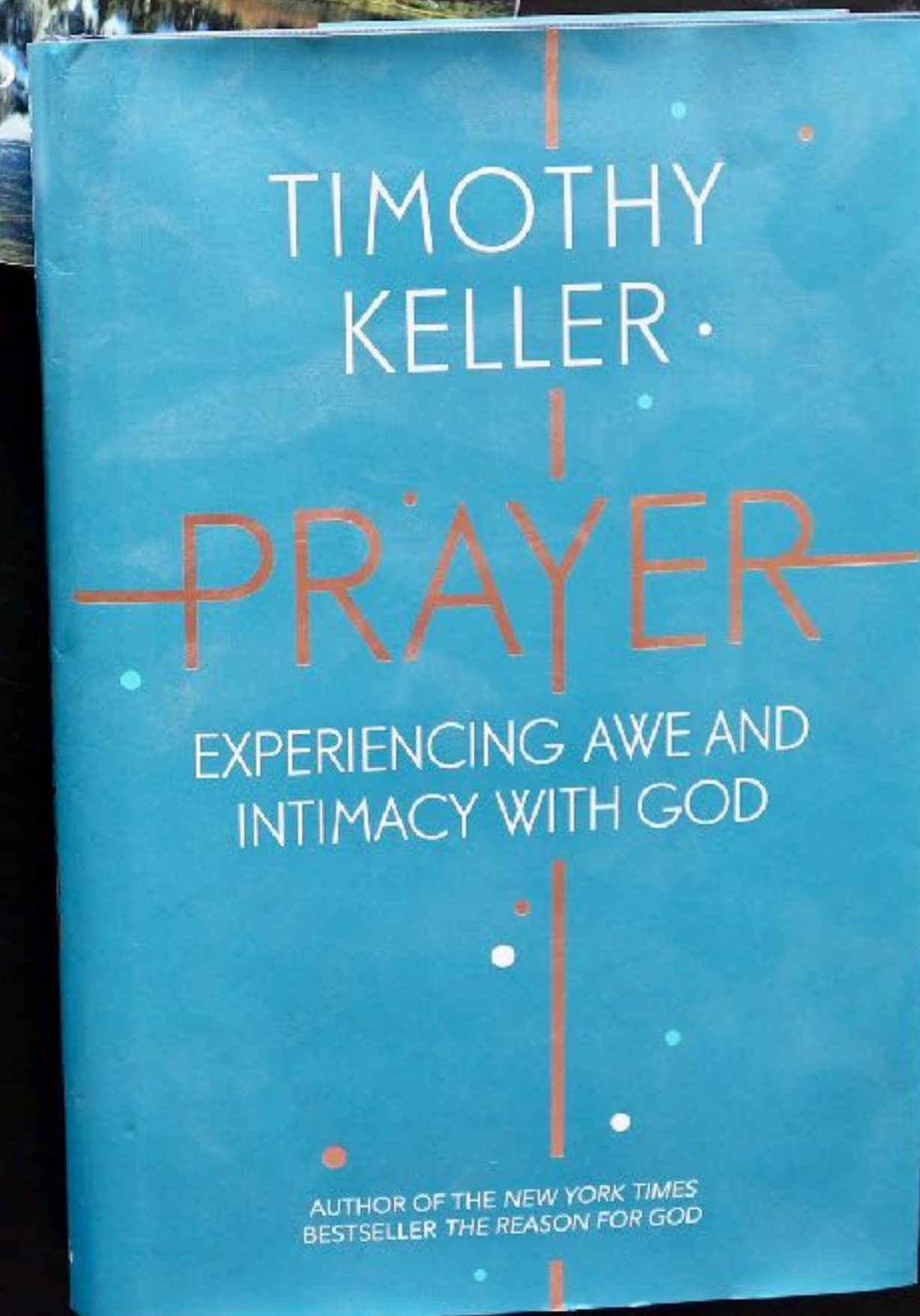
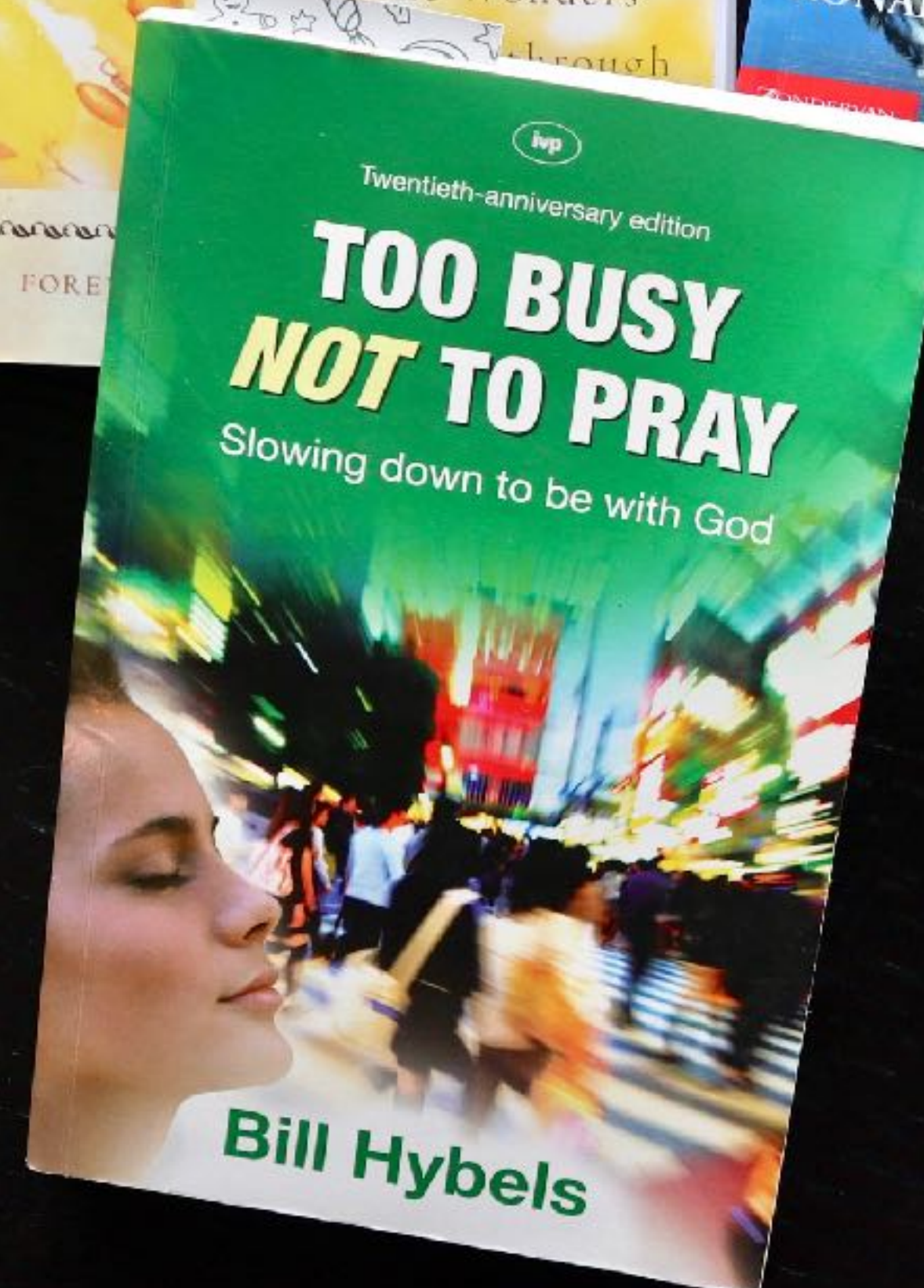
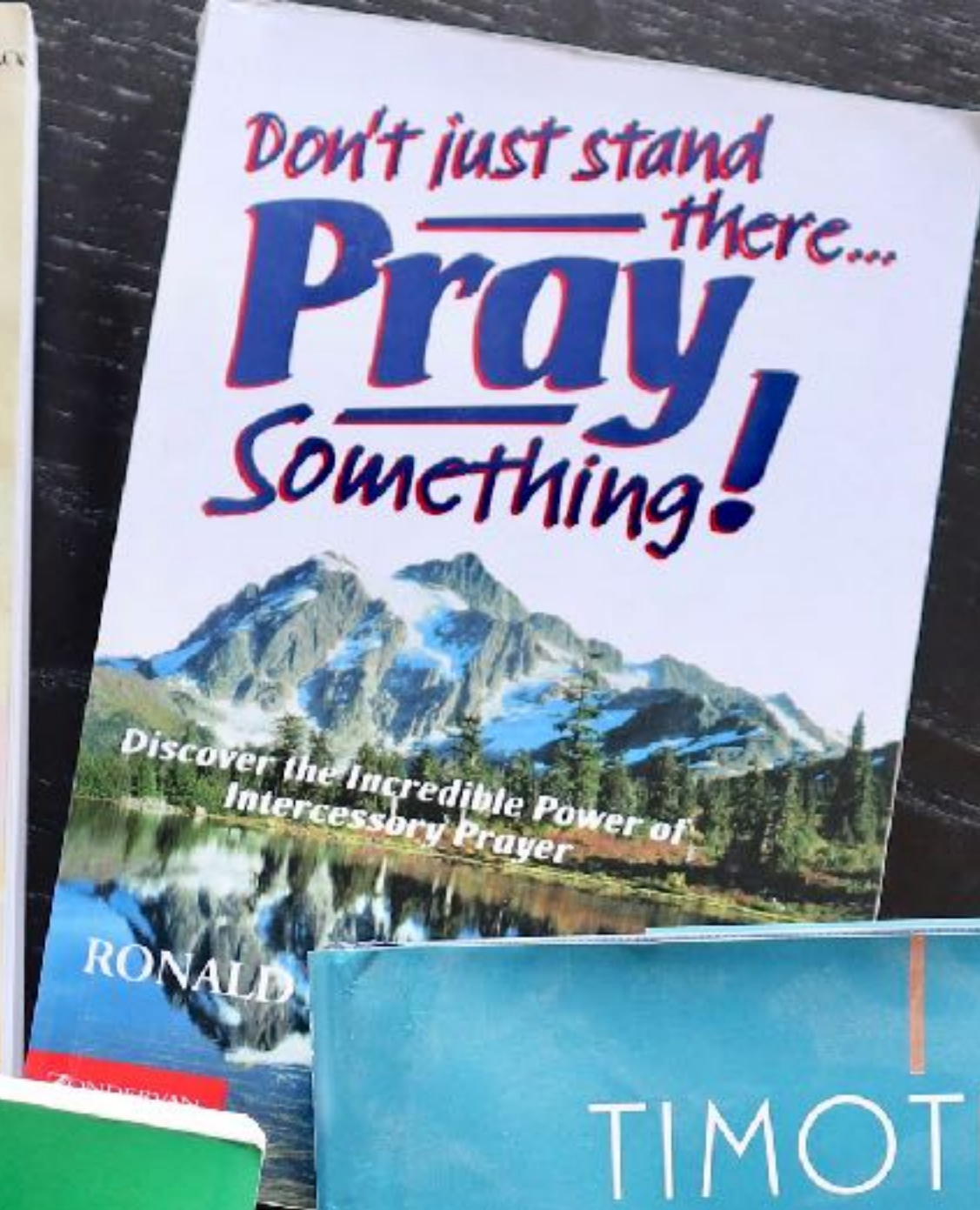
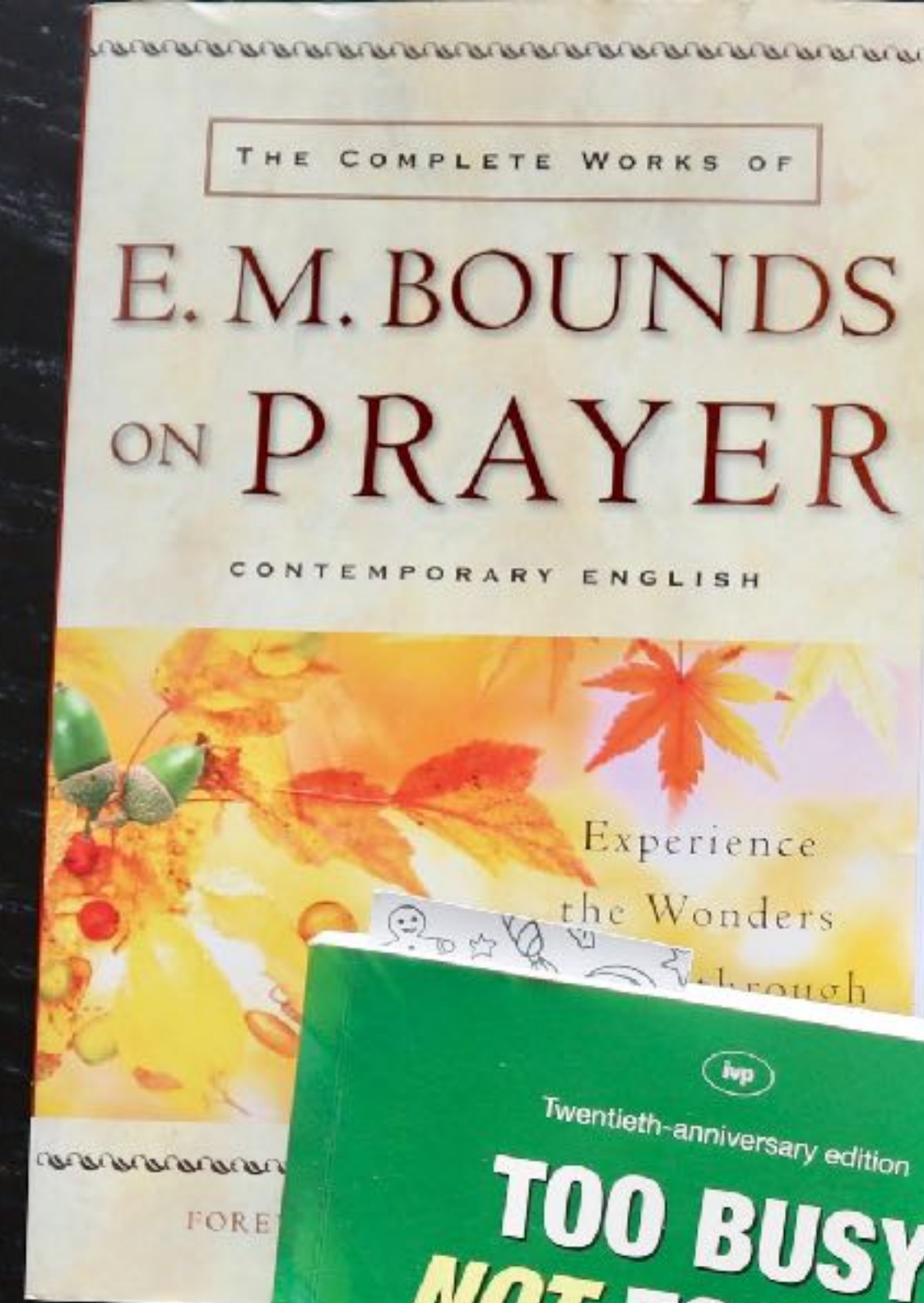
Boredom and bewilderment
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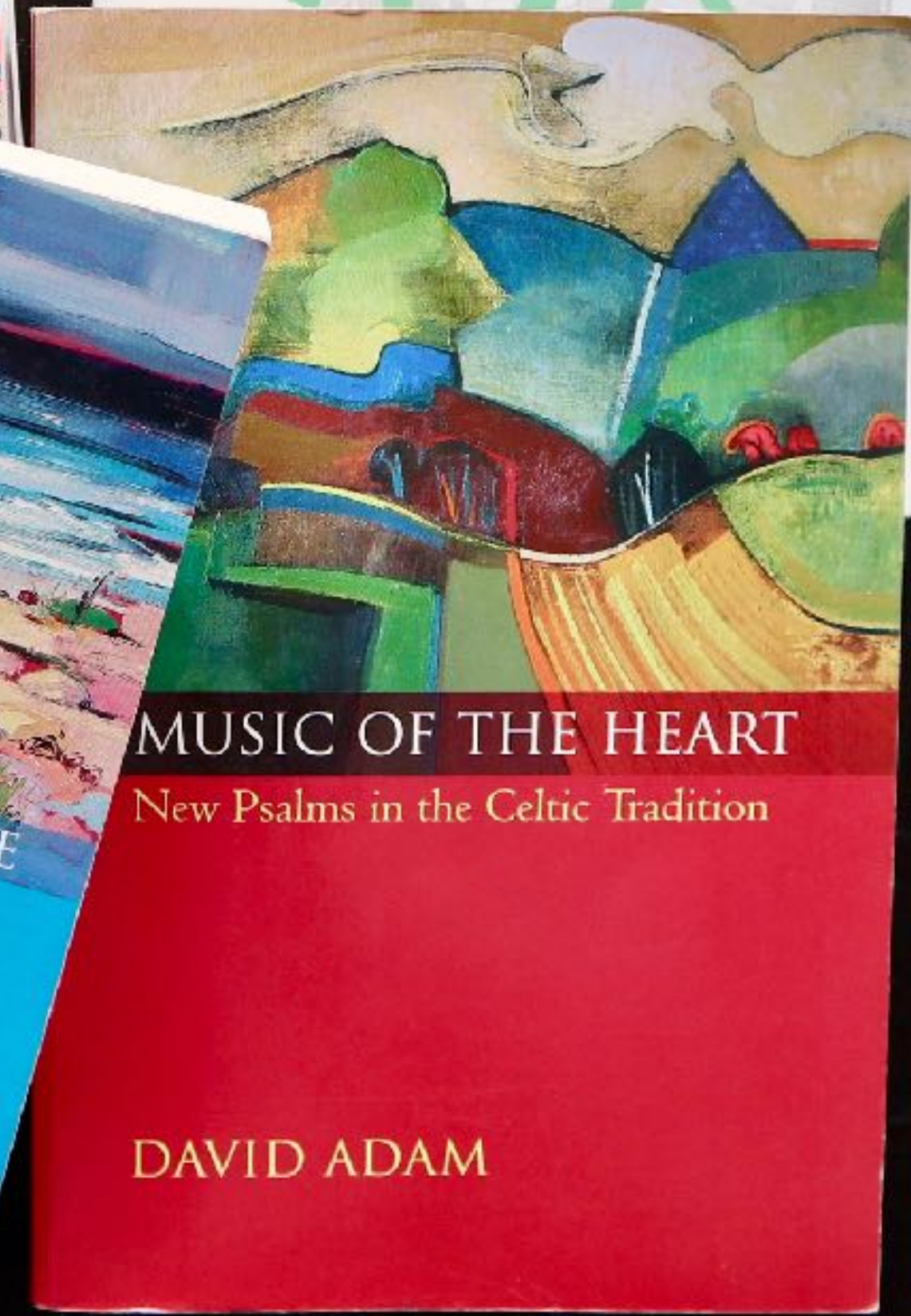
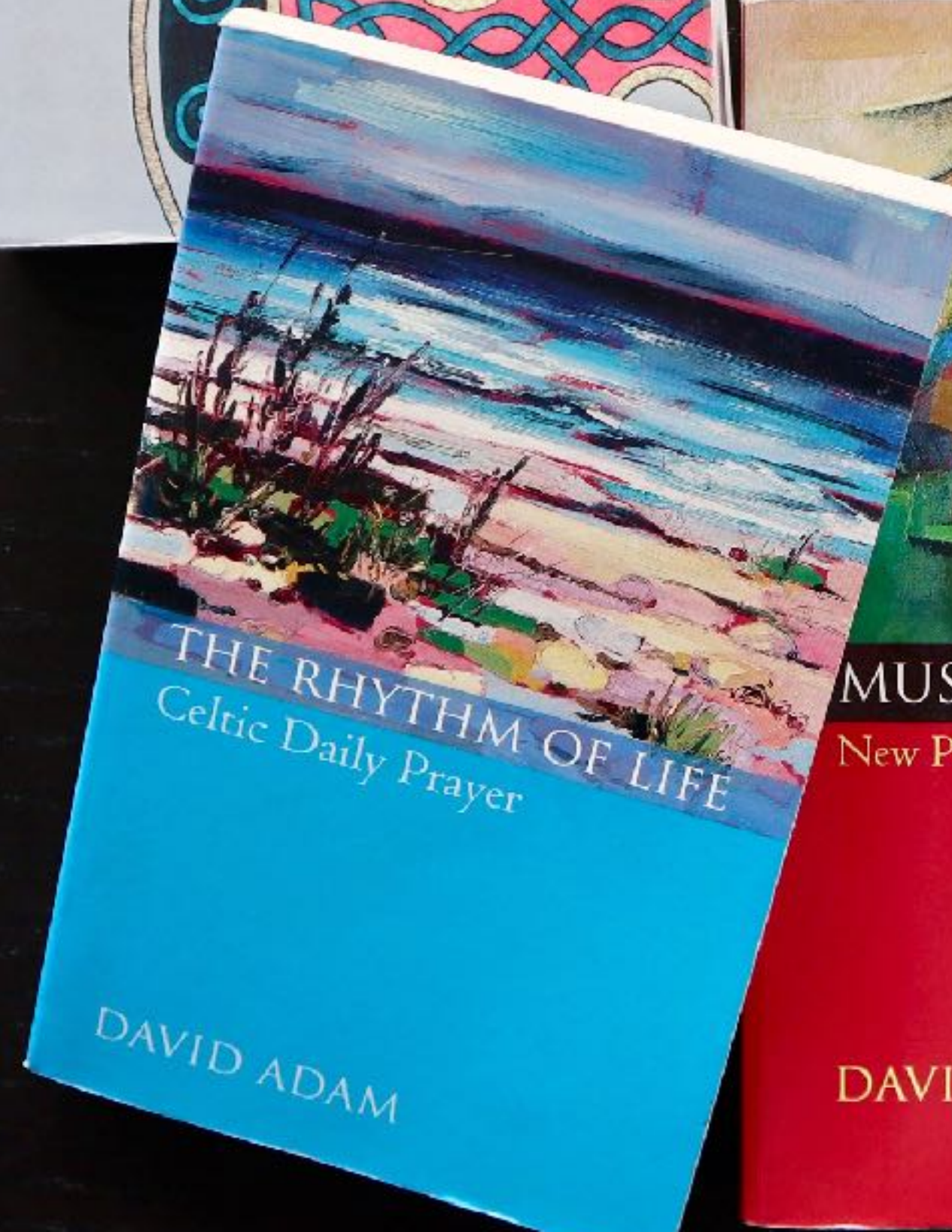
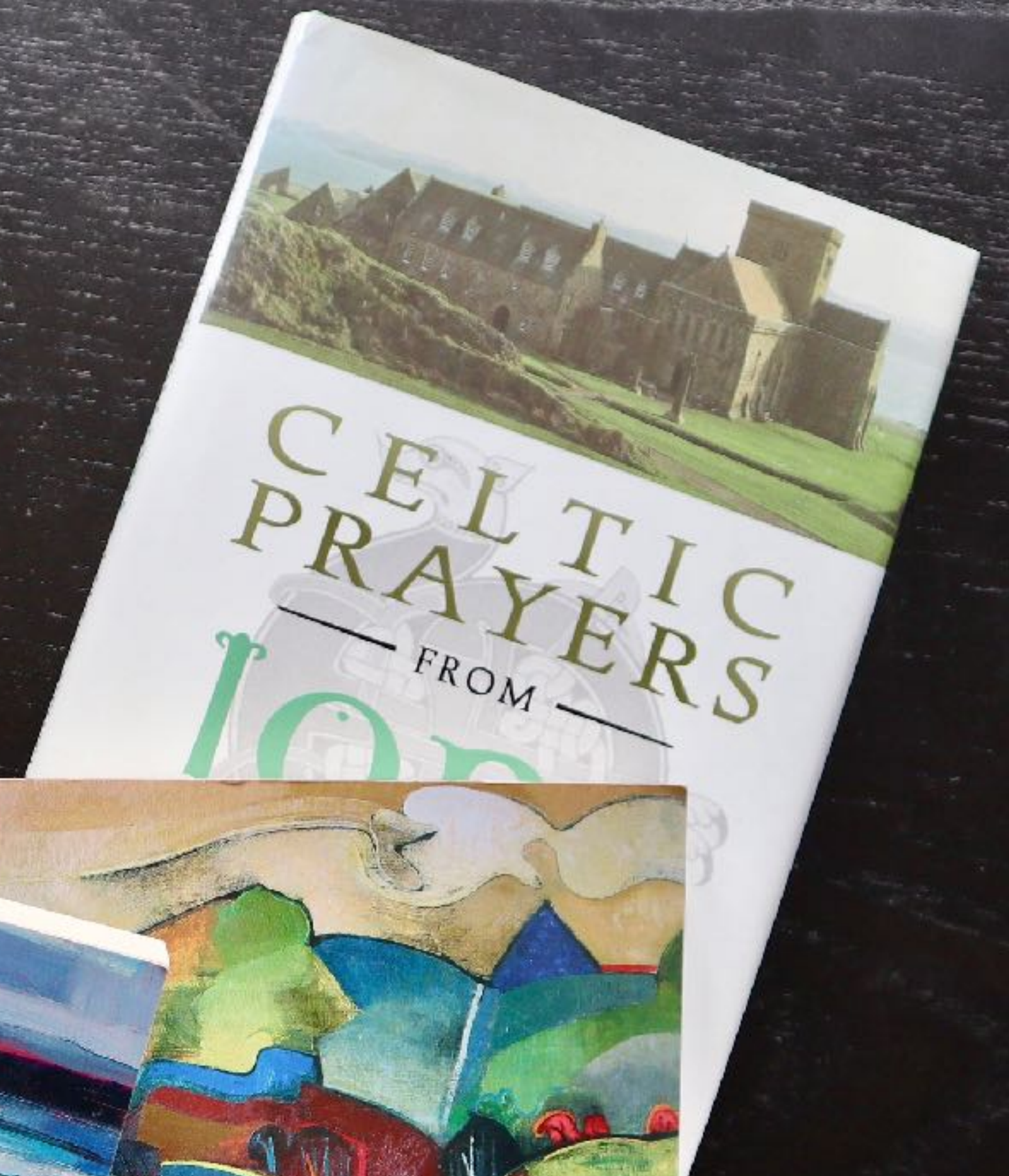
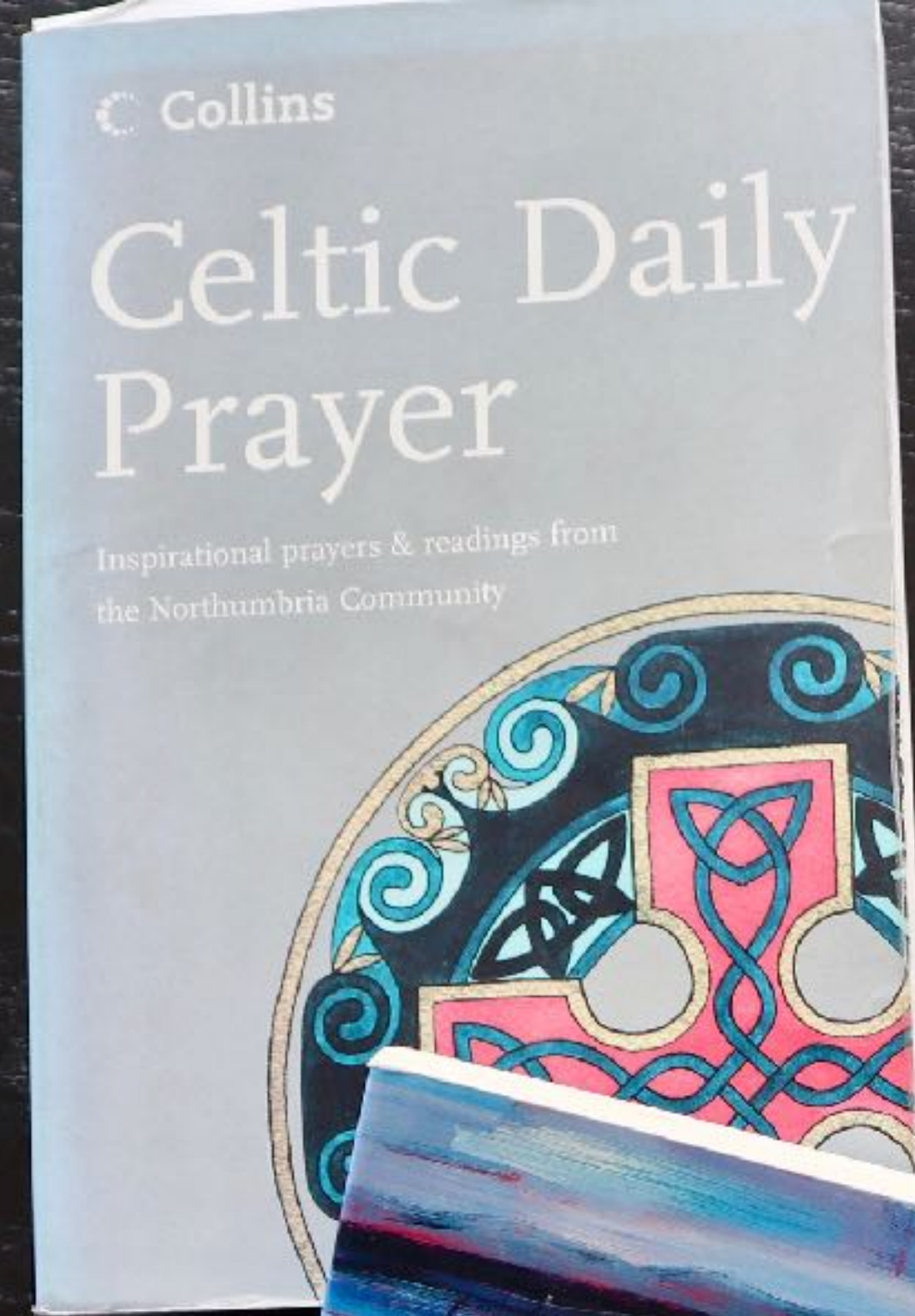
Question

What has helped you to have fewer boring 'quiet times'?

1. Books



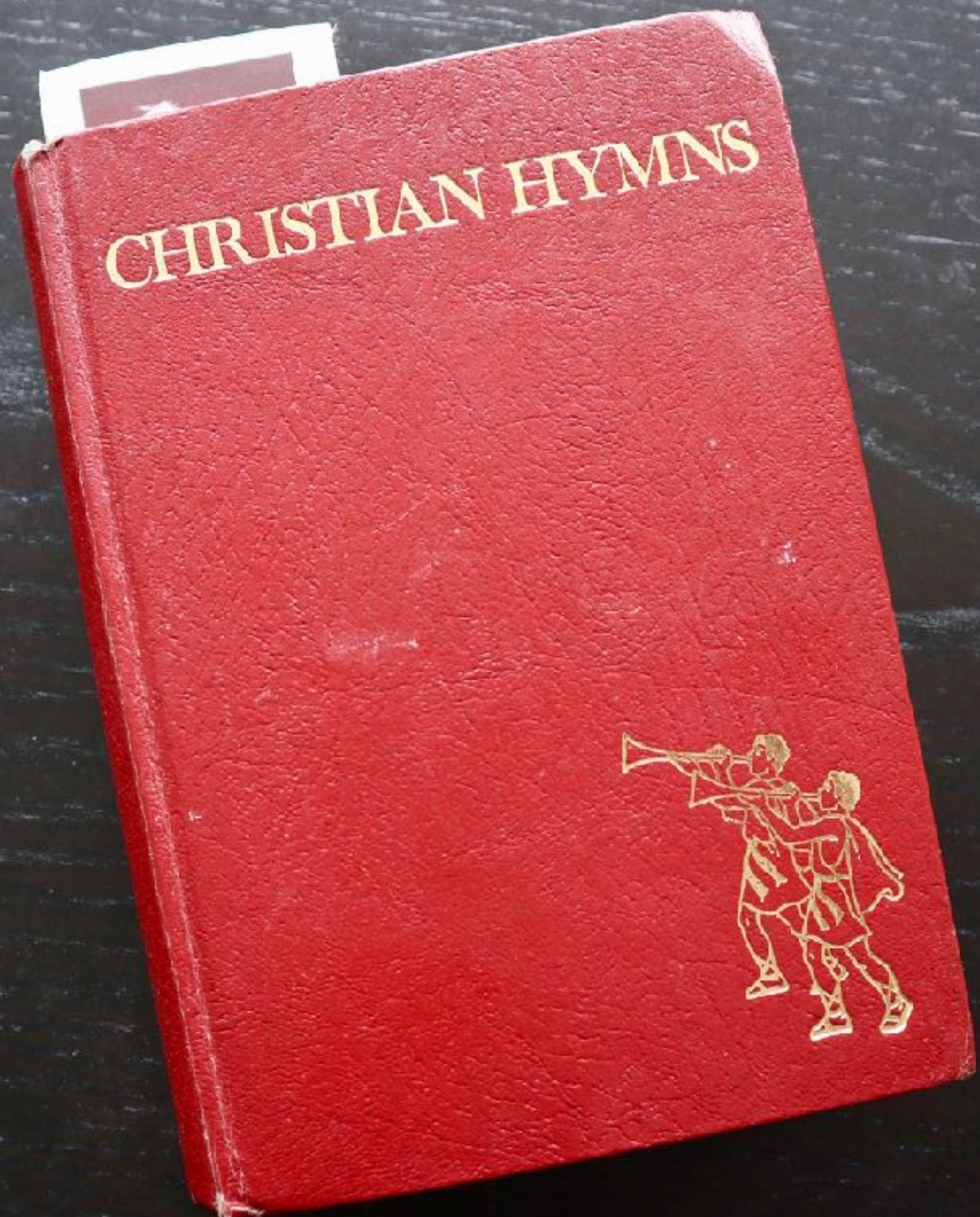
1. Books



1. Books



1. Books



GOD THE SON

241 RHOSYMEDRE 66.66.44.44. JOHN DAVID EDWARDS, 1805

YES, the Redeemer rose,
The Saviour left the dead,
And o'er our hellish fons
High raised His conquering head.
In wild dismay
The guards around
Fell to the ground
And sunk away.

2 Lo! the angelic bands
In full assembly meet,
To wait His high commands
And worship at His feet;
Joyful they come,
And wing their way
From realms of day
To Jesus' tomb.

3 Then back to heaven they fly,
And the glad tidings bear;
Hark! as they soar on high,
What music fills the air!
Their anthems say,
'Jesus, who bled,
Hath left the dead,
He rose today.'

4 Ye mortals, catch
Redeemed by Him
And send the echo
The globe on wide
Transported
'Jesus, who
Hath left
No more to

5 All hail, triumphant
Who sav'st,
Wide be Thy Name
Thou risen, reigning God
With Thee we rise,
With Thee we reign,
And empires gain
Beyond the skies.

Philip Doddridge, 1702-51

PSALM 27:1-6

¹ The LORD is my light and my salvation— whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?
² When evil men advance against me to devour my flesh, when my enemies and my foes attack me,
³ Though an army besiege me, my heart will not fear; though war break out against me, even then will I be confident.
⁴ One thing I ask of the LORD, this is what I seek: that I may dwell in the house of the LORD all the days of my life, to gaze upon the beauty of the LORD and to seek him in his temple.
⁵ For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his tabernacle and set me high upon a rock.
⁶ Then my head will be exalted above the enemies who surround me; at his tabernacle will I sacrifice with shouts of joy; I will sing and make music to the LORD

New International Version - UK

ASSION AND EXALTATION

HENRY TEMPLE LESLIE, c. 1825-70

Based on PSALM 47

CLAP your hands, ye people all,
Praise the God on whom ye call;
Lift your voice and shout His praise,
Triumph in His sovereign grace!

2 Glorious is the Lord most high,
Terrible in majesty;
He His sovereign sway maintains,
King o'er all the earth He reigns.

3 Jesus is gone up on high,
Takes His seat above the sky;
Shout the angel-choirs aloud,
Echoing to the trump of God.

4 Sons of earth, the triumph join:
Praise Him with the host divine;
Emulate the heavenly powers;
Their victorious Lord is ours.


5 Shout the God enthroned above,
Trumpet forth His conquering love;
Praises to our Jesus sing,
Praises to our glorious King!

6 Power is all to Jesus given,
Power o'er hell, and earth, and heaven;
Power He now to us imparts:
Praise Him with believing hearts.

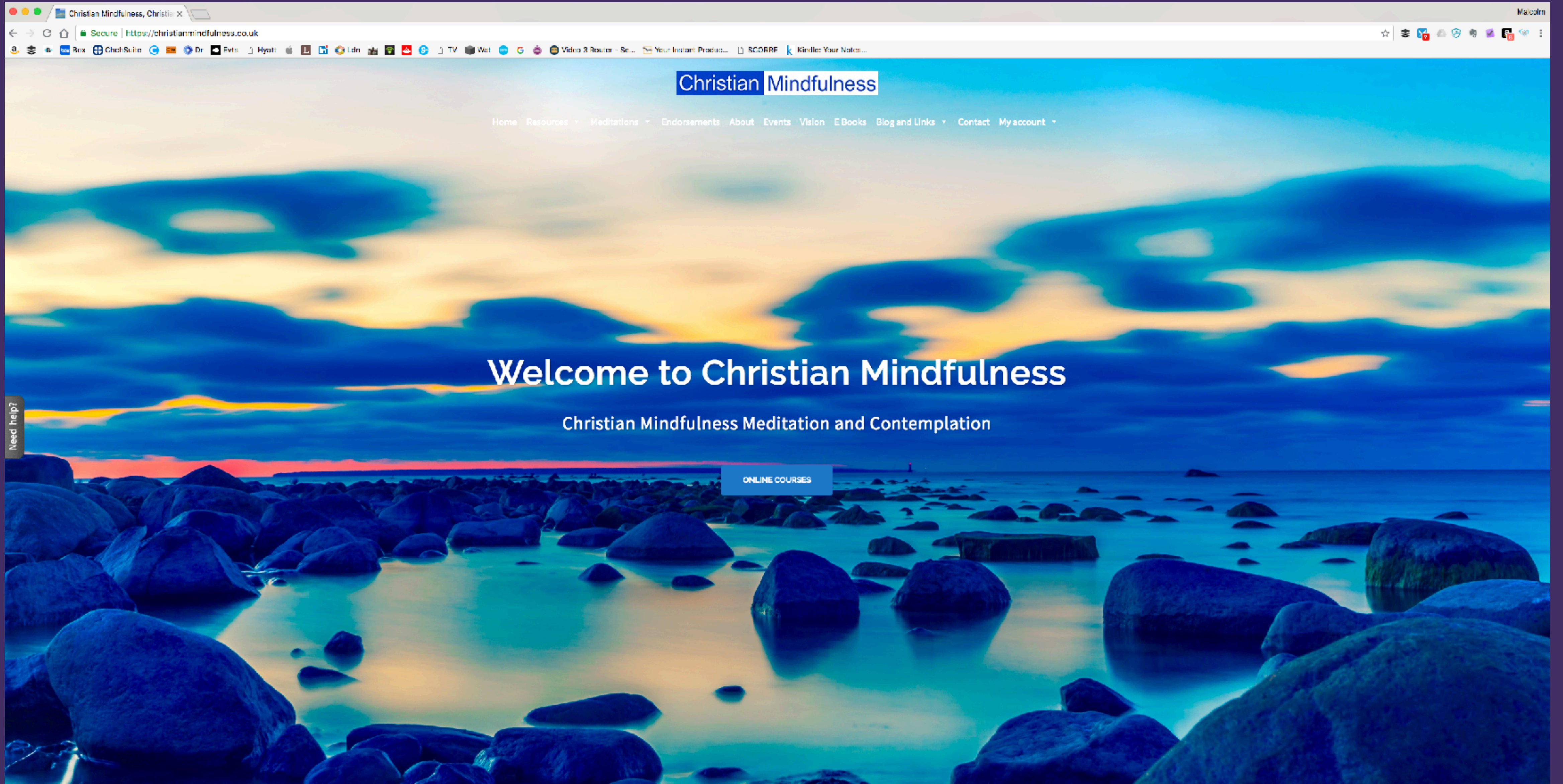
7 Wonderful in saving power,
Him let all our hearts adore;
Earth and heaven repeat the cry—
'Glory be to God most high!'

Charles Wesley, 1707-58

In Loving Memory of
Susan Evelyn Dover
8th May 1932 - 7th September 2010



2. Internet Resources



A Prayer of Accepted Tenderness



A Prayer of Accepted Tenderness was written at a time in my life when I was wrestling with issues of acceptance. It is partly inspired by the writings of Brennan Manning who wrote the wonderful book "The wisdom of accepted tenderness".

God loves you and accepts you 100% as you are right now.

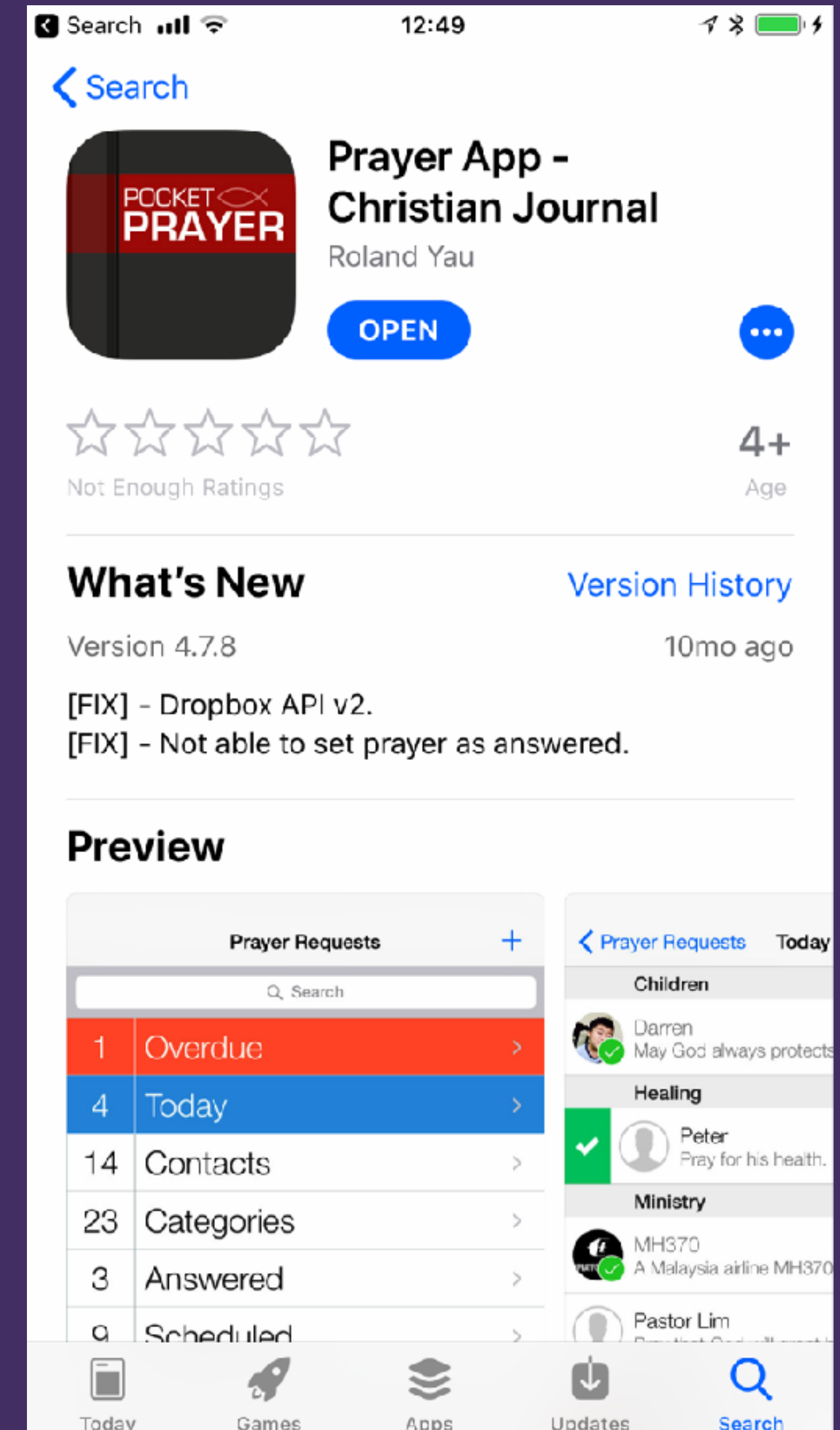
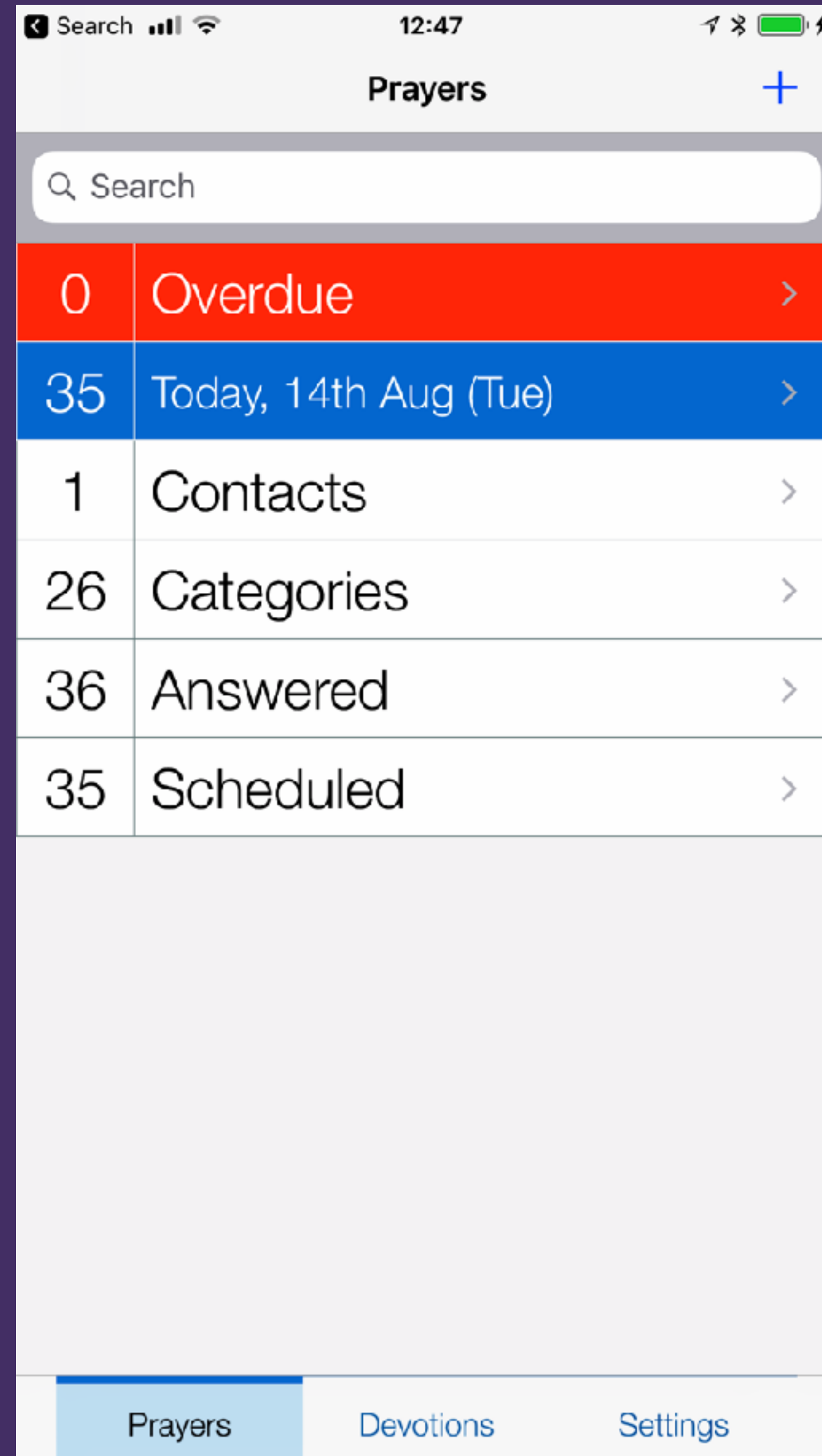




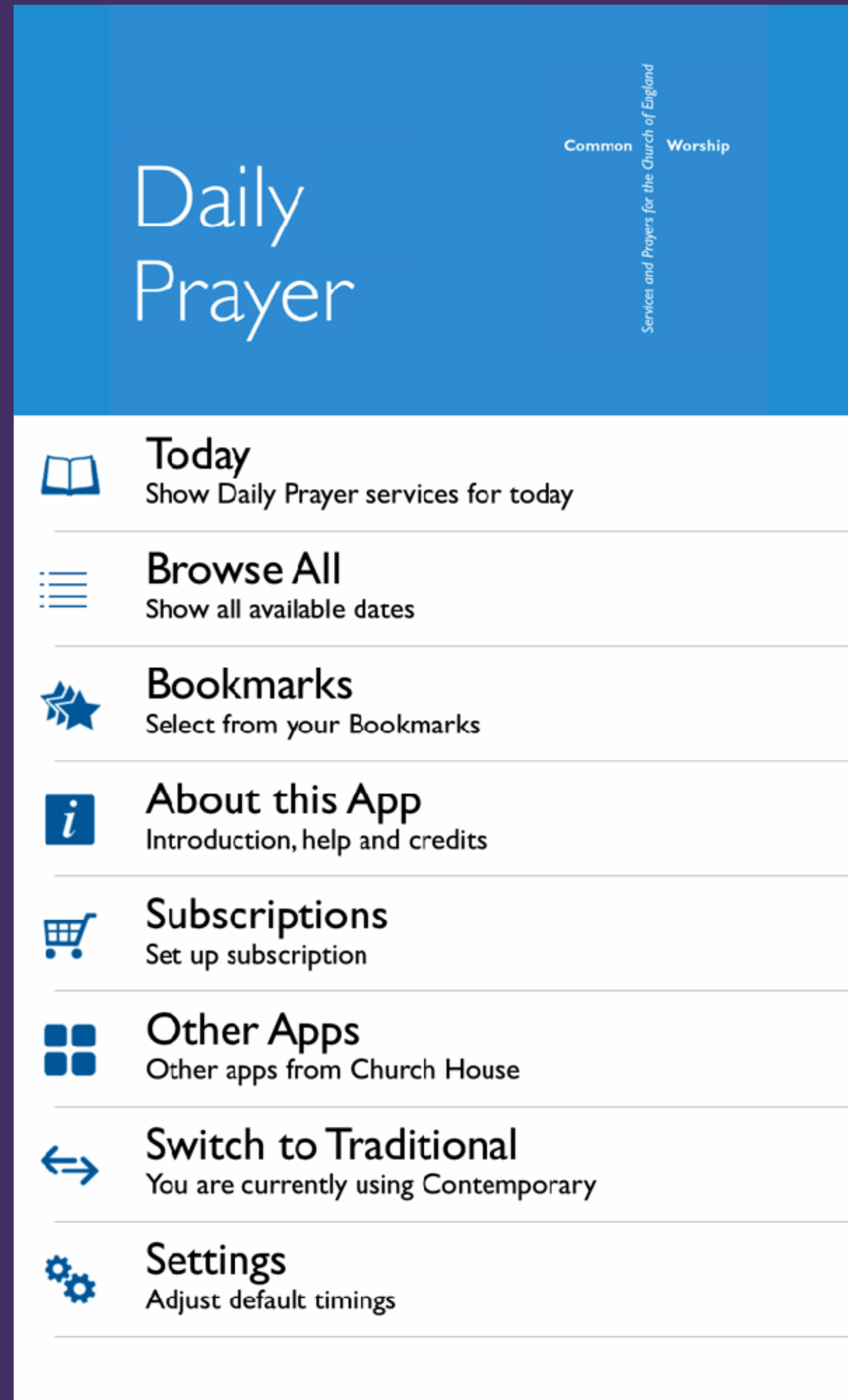
Renovaré

A screenshot of a mobile music player interface. At the top, the status bar shows signal strength, 4G, time 12:58, and battery level. The main content area features a green square album art with the Renovaré logo and the word "Renovaré" in white. Below the album art is a progress bar showing 24:31 elapsed and -8:26 remaining. The track title "37 - 'I Love Not Having Stuff' // Damon" is displayed in bold black text, followed by the podcast name "Podcast: Ordinary Life with God hosted by" in purple. The bottom control bar includes a 15-second skip back button, a play button, a 15-second skip forward button, a volume slider, a 1x speed indicator, a repeat icon, and a menu icon.

3. Apps



3. Apps



¶ *Morning Prayer on Tuesday
Tuesday, 14 August 2018
Maximilian Kolbe, Friar, Martyr,
1941 [Commemoration]*

Preparation

All O Lord, open our lips
**and our mouth shall proclaim your
praise.**

**One or more of the following is said
or sung:
a [prayer of thanksgiving \(page 109\)](#),
a suitable hymn,
or A Song of God's Righteousness**

- 1 Bless the Lord, O my soul, ◆
and all that is within me bless his holy
name.
- 2 Bless the Lord, O my soul, ◆
and forget not all his benefits;
- 3 Who forgives all your sins ◆
and heals all your infirmities;
- 4 Who redeems your life from the Pit ◆
and crowns you with faithful love and
compassion;
- 5 Who satisfies you with good things ◆

4. Personal Creativity

- Writing prayers
- Lectio Divina

Lectio Divina

1. Read

2. Meditate

3. Pray

4. Contemplate

“

The best definition of contemplation I have found is that it is "an intensification of a transforming awareness of divine presence". Sean Lambert, "Putting on the wakeful one"

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4. Personal Creativity

- Journalling

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